

St. Joseph's Catholic Primary School

'Guided by Jesus, learning together, striving for excellence'



Monday 1st November 2021

Dear Parents and Carers,

This term the children throughout the school will be continuing to use the '**Life to the Full**' programme of work to teach Personal, Social and Health Education (PSHE) and Relationship and Health Education (RHE). '**Life to the Full**' is produced by the Catholic educational organisation, Ten Ten Resources.

The **Life to the Full** programme is based on the structure of 'A Model Catholic RSE Curriculum' by the Catholic Education Service. This model curriculum was highlighted as a work of good practice by the Department of Education so we therefore have confidence that the programme will be fit for purpose in supporting the growth and development of your child. This scheme of work was adopted by Governors following a period of consultation.

Life to the Full is much more than a series of lessons. It is an entire platform of creative resources that will engage, inform and inspire our children and, indeed, you as parents. This includes interactive video content, story-based activities, employing a wide range of teaching tools, original worship music and an accompanying programme of classroom prayers.

This half term all classes will learn about 'Me, My Body, My Health'. In this unit, children from **Year 4 upwards** begin exploring puberty and how they need to care for their bodies as they grow and develop.

There will be an online parent platform so that you, as parent and carers, can engage with the teaching and deepen the experience for your child. To access the online parent platform please visit: www.tentenresources.co.uk/parent-portal

School Username: st-josephs-ws10

School Password: fathers-day

Please enclosed a short document that will help to give you an overview of the structure and content of the programme.

Life to the Full is intended to be partnership between home, school and church. We know that you already do a fantastic job and we see our programme, **Life to the Full**, as a means to further develop, support and enrich the partnership between home, school and church so that your child is fully supported.

Yours faithfully,

Mrs. N. Hannett
Deputy Headteacher.