



St. Joseph's Catholic Primary School

Personal, Social, Health and Economic Education (PSHE) Curriculum Statement

At St Joseph's Catholic Primary School, we want every child to be happy and enthusiastic learners of Personal, Social, Health Education, and to be eager to achieve their very best in order to fulfil their God-given talents. PSHE equips children and young people with knowledge and practical skills to live healthy, safe, fulfilled and responsible lives, both now and in the future. Through the explicit teaching of mental, social and emotional health, we promote pupils' wellbeing through an understanding of their own and others' emotions and the development of healthy coping strategies. It also contributes to safeguarding, providing pupils with knowledge, understanding and strategies to keep themselves healthy and safe, as well as equipping them to support others who are facing challenges.

PSHE also enables children to reflect on and clarify both their own and British values and attitudes, and explore the complex and sometimes conflicting range of attitudes and values they encounter now and in the future. Furthermore, PSHE enables our children to become healthy, independent and responsible members of society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

We firmly believe that the recipe for success is high quality first-wave teaching in PSHE, which is central to the life of our happy, caring school.

Intent – What we are trying to achieve?

Our principal aim is that children leave St Joseph's Catholic Primary School with a wide range of happy and rich memories in PSHE formed through interesting and exciting experiences that enhance a child's awareness of their own abilities and strengths as a learner; thus ensuring that children see learning in PSHE as an on-going process not a one-off event.

Children will meet the National Curriculum expectations in PSHE, which will be taught by highly-qualified, enthusiastic staff who will support children to develop mastery of concepts and inspire enthusiasm and interest in the subject. All children will study PSHE in Key stage 1 & 2 for 45 minutes per week. Social, Moral, Vocational, Spiritual and Cultural Education (SMVSC) is embedded throughout the curriculum at St. Joseph's. This integrated approach ensures that aspects of SMVSC are considered in all subject areas. Opportunities will exist for children of all ages to experience learning beyond the classroom. This will allow them to enrich their knowledge by, for example, pupils will have access to healthcare professionals to think about healthy lifestyles or for older pupils, mental health professionals to discuss wellbeing. Children will develop a deep understanding of the subjects they are studying. They will increasingly use their prior knowledge to solve problems and develop the sophistication of PSHE. Children will understand how Catholic virtues and British Values relate to PSHE. In PSHE, children will

develop the skills to develop confidence and a sense of responsibility within themselves, develop their own God-given attributes, develop positive relationships built on mutual respect and develop a healthy and safe lifestyle. Children will develop a real understanding and appreciation of the world learning from the best that has been developed and said. For example: Local health and support workers, dieticians, emergency service providers, National campaigns (NHS Change for life). We will introduce new vocabulary to the children that we will encourage them to use within lessons to build on their knowledge and understanding of PSHE. We will continue to promote equality and inclusion for all of our children and these will be topics that will be discussed and taught as part a broad and balanced curriculum.

Implementation – How do we translate our vision into practice?

The curriculum hours in PSHE are non-negotiable and will be followed by all staff in the school. Timetables will be set before the academic year and monitored by the Senior Leadership Team of the school. The subject leader for PSHE will meet the senior leadership team on a monthly basis to evaluate provision in order to ensure that teaching and learning in PSHE is excellent. Where necessary, staff will receive coaching and training in PSHE. Carefully designed schemes of learning in PSHE ensure consistency and progress of all learners. PSHE is taught individually but plays a key role in the achievement of the learning aims of other subjects across the curriculum. High quality teaching responds to the needs of children. Spiral learning is a key focus of all formative and summative assessment with teachers providing feedback in lessons in order to identify misconceptions early. PSHE teaching incorporates Relationships Education. At St. Joseph's staff will use the Ten Ten resource 'Life to the Full', to teach Relationships Education and Health Education within the context of a Christian understanding of human sexuality rooted in the wisdom and teaching of the Catholic Church. Life to the Full is a fully resourced Scheme of Work in Relationships and Health Education (RHE) for Catholic primary schools which embraces and fulfils the new statutory curriculum. Taught with a spiral approach to learning, in which pupils will revisit the same topics at an age-appropriate stage through their school life, the programme includes teaching about personal health, physical and emotional wellbeing, strong emotions, private parts of the body, personal relationships, family structures, trusted adults, growing bodies, puberty, periods, life cycles, the dangers of social media, an understanding of the Common Good and living in the wider world. The entire teaching is underpinned with a religious understanding that our deepest identity is as a child of God - created chosen and loved by God. The programme is fully inclusive of all pupils and their families.

High quality input from experts and educational resources complement the delivery of specialist learning admirably. All children will be taught basic first aid skills by qualified instructors. Children understand how PSHE is used in the wider world including careers and learn how to manage money with the help of resources from NATWEST bank.

Impact – What is the impact of our curriculum on the students?

Children are happy learners within PSHE. Our approach to teaching PSHE means that our curriculum and coverage is relevant to children living in today's world as it helps them to understand and be equipped to cope with issues like body image, cyber and homophobic bullying, and internet safety.

Our children will have a wider knowledge of themselves and the world around them. Showing acceptance and understanding to others, but also understanding the importance of self-thoughts and feelings. By taking a whole school approach, this means that our children are deepening their knowledge of PSHE throughout their time at St Joseph's.